

Barebow:

1. Archers shooting Barebow style will use bow, arrows, strings, and accessories free from any sights, marks or blemishes that may be used as a sighting aid.
2. An adjustable arrow plate may be used provided it does not extend more than ¼" above the arrow.
3. The use of stabilizers shall be permitted. The rear stabilizer shall not touch any part of the body.
4. One consistent nocking point only is permitted and may be held by one or two nock locators, which shall be snap on type, shrink tubing, thread or dental floss, tied or served on the serving. Nocking point locators shall not extend more than one half inch (1/2") above or below the arrow nock when at full draw.
5. Only one adjustable draw check and level mounted on the bow, neither of which may extend above the arrow and a mechanical type arrow rest and cushion plunger are permitted.
6. Only gloves, tabs, or fingers shall be permitted, except in the case of physical disability of the arms or hands, a chew strap may be used in place of fingers.
7. All arrows shall be identical in length, weight, diameter and fletching, with allowance for wear and tear. Powder on the arrow points shall be permitted as a visual aid.
8. The ends or edges or laminated pieces appearing on the inside of the upper limb shall be considered a sighting mechanism.
9. No device of any type, including arrow rest, that may be used for sighting, may be used or attached to the archer's equipment.
10. The pylon (string clearance bar) will be allowed in this style if it is not located in the sight window.
11. Any part of the arrow rest extending more than ¼ inch above the arrow is deemed illegal in the Barebow style.

Freestyle:

1. Any type of sight and its written memorandum may be used.
2. Any release aid may be used provided it is hand operated and supports the draw weight of the bow and is not attached to the bow other than the bowstring. In the case of physical disability of the arms or hands, a chew strap may be used in place of fingers or release aids.
3. The rear stabilizer shall not touch any part of the body.

Freestyle Limited:

1. Any type of sight and its written memorandum may be used.
2. Release aids shall be limited to gloves, tabs and fingers. In the case of physical disability of the arms or hands, a chew strap may be used in place of fingers.
3. The rear stabilizer shall not touch any part of the body.

Freestyle Bowhunter:

1. A maximum of (5) five fixed reference points: Points of attachment shall not be considered reference points. A line running vertically from its top attachment in the pin guard to its bottom attachment in the pin guard would be legal. Sighting reference points, string peep (with or without a lens) and/or kissers button may not be moved during a round. Scopes, clickers and draw checks are not allowed. A round or oval housing around the points of reference is not considered a scope as long as no lens is used. No additional pin guard may be used. A sight pin consisting of a housing with a hole through it, that does not contain a fixed reference point within the hole, is not allowed.
2. Release aids will be permitted. In the case of physical disability of the arms or hands, a chew strap may be used in place of fingers or release aids.
3. A pinguard mounted on the sight, and a level mounted anywhere will be legal in this style of shooting, provided that there are no additional marks or blemishes on either of these items that could be used for sighting.
4. A string of suitable material with a center serving and end servings of the same or different color than the string may be used. One consistent nocking point only is permitted. Nocking point locators shall not extend more than ½ inch above or below the arrow nock when at full draw. Brush buttons and string silencers properly attached will be legal.
5. One anchor point only is permitted.
7. Brush buttons, string silencer, positioned no closer than midway between the nocking point and where the string touches the wheel/cam, and bow quiver installed on the opposite side of the sight window, with no part of the quiver or attachments visible in the sight window are legal. One straight stabilizer, coupling device included if used, which cannot exceed 12 inches at any time, as measured from the back of the bow, V-bar, counterbalance and string dampeners may be used.
8. An archer will not be permitted to change the draw weight of the bow during a round.
9. During a round no adjustments may be made to the bow and its related equipment unless equipment failure is recognized.

Freestyle Limited Bowhunter:

1. Same as Freestyle Bowhunter except for these restrictions:

1.1 Release aids shall be limited to gloves, tabs and fingers. In the case of physical disability of the arms or hands, a chew strap may be used in place of fingers.

1.2 An archer must draw and anchor the bowstring with the index finger touching the nock throughout the draw and release of the arrow. When the index finger is placed above the nock, the middle finger is placed below the nock, the third finger, if used, must touch the middle finger; or the index finger must touch the bottom of the nock with the middle finger touching the index finger, and the third finger, if used, touching the middle finger. Finger position may not be changed during competition. In the case of physical disability of the arms or hands, a chew strap may be used in place of fingers.

Olympic:

1. Any type of sight and its written memorandum may be used, providing the sighting mechanism has no magnification. Levels, string peep sights, marks, ties or string attachments to the string and electronic devices are not allowed. A kisser button may be used.

2. Release aids shall be limited to gloves, tabs and fingers. In the case of physical disability of the arms or hands, a chew strap may be used in place of fingers.

3. This style is limited to use of recurve bow or longbow.